

VERIZON
UP TO SPEED LIVE
May 14, 2024 12:00 PM ET

>> HEY V TEAM, HAPPY TUESDAY, MAY 14TH! HOPE YOU'RE ALL HAVING A WONDERFUL WEEK SO FAR, THANKS FOR JOINING US FOR UP TO SPEED LIVE. TODAY, I HAVE TWO LIVE GUESTS JOINING ME TO SHARE SOME AWESOME NEWS. SO LET'S GET THIS SHOW ON THE ROAD! IF YOU RECALL, LAST WEEK, I SHARED THAT GOOGLE UNVEILED THE LATEST ADDITION TO THE PIXEL SMARTPHONE FAMILY, THE AFFORDABLE PIXEL 8A. LAST WEEK WE PLAYED A CLIP FROM GEORGE TALKS TECH TO BREAK DOWN THE PHONE, BUT TODAY THE PHONE IS OFFICIALLY AVAILABLE IN STORES AND OUR FRIEND GEORGE IS HERE TO SHARE WHY THE PIXEL 8A IS PERFECT FOR EVERYONE!

>> WELCOME PAL.

>> HELLO, HELLO. HELLO. THANK YOU FOR HAVING ME TODAY GEORGE.

>> GEORGE.

>> THANK YOU SO MUCH. BOY THOSE MORNINGS. IT IS PIXEL 8A DAY AT VERIZON. WE HAVE THE NEW PIXEL 8A. IT'S AMAZING. IT INCLUDES SO MANY OF THE GREAT FEATURES THAT YOU WILL SEE IN GOOGLE'S FLAGSHIP PIXEL 8 SERIES. CONDENSED DOWN INTO THIS TWO LITTLE FRAMES. IT'S GOT A METAL CASE. GOT ALL THE AMAZING CAMERAS THAT YOU WOULD FIND ON A TRADITIONAL PIXEL. IT'S SO NICE. LOOK AT THE SCREEN ON THERE. THIS IS AVAILABLE TODAY. WHAT I LOVE THE MOST ABOUT IT IS IT INCLUDES ALL THE AMAZING GOOGLE AI TOOLS THAT GOOGLE IS KNOWN FOR INCLUDING CIRCLE TO SEARCH. YOU WANT TO SEE HOW IT WORKS?

>> YEAH, I'M DYING TO SEE CIRCLE TO SEARCH.

>> LET'S SEE HOW THIS WORKS. LET'S FIND AN AMAZING SHIRT. LOOK AT THAT MAN. YOU'LL CLICK ON THE BOTTOM. YOU CAN THEN CIRCLE AROUND WHAT YOU WANT TO LEARN MORE ABOUT. IN THIS CASE WHERE DID HE GET THAT SHIRT? LOOK DOWN HERE. CHECK OUT THE RESULTS. AND I'M GOING TO GO BROKE. LOOK AT THESE. I NEED THAT ONE. THAT ONE IS REALLY NICE TOO.

>> EVEN A VARIETY.

>> IT'S SO COOL. THAT IS CIRCLE TO SEARCH. I LOVE CIRCLING TO SEARCH. ON THE BACK THE CAMERAS ARE AMAZING. YOU CAN DO MORE UNDER THE HOOD WITH THE GOOGLE AI EDITOR. SO WE'RE TALKING ABOUT MAGIC UNBLURRED. MAGIC ERASER. I CAN TAKE ANY PHOTOS. LET'S SAY YOU WERE LOW LIGHT. SAY YOU HAVE OLD PHOTOS. MY MOM HAS ALL THESE OLD GEORGE ALBUMS WHEREVER. I TAKE THEM AND SCAN THEM THROUGH MY COMPUTER OR PHONE. YOU CAN PUT THEM INTO GOOGLE PHOTOS AND UNBLUR THEM. ESPECIALLY THE PHOTOS FROM THE 70'S. THEY ARE ALL WEIRD LOOKING. PHOTO UNBLUR IS AWESOME. IT ALSO HAS MAGIC ERASER WHICH

LET'S YOU TAKE PHOTOS F. SOMEONE IS LIKE IN THE BACKGROUND, IT WILL LET YOU ERASE THEM EASILY WITHOUT HAVING TO OPEN UP PHOTOSHOP. ANOTHER AMAZING TOOL. ANOTHER THING I LOVE IS BEST TAKE. TAKE A WHOLE BUNCH OF PHOTOS. IF YOU HAVE KIDS YOU KNOW HOW THIS IS. WHEN YOU HAVE THE GROUP PHOTO WE JUST DID FOR MOTHER'S DAY. GRANDMA WANTED ALL THE PHOTOS OF ALL THE COUSINS ON THE COUCH. TRYING TO GET THEM NOT TO BLINK WOULD BE IMPOSSIBLE. ESPECIALLY BOY COUSINS. BEST TAKE LET'S IT AUTOMATICALLY PICK THE PHOTO THAT HAS THE EYES OPEN, THE SMILE, COMPOSITES THEM ALL TOGETHER, PERFECT MOTHER'S DAY CARD.

>> THE WINNER.

>> SHE'LL PROBABLY USE IT FOR CHRISTMAS. IT'S GREAT.

THIS HAS BEEN AROUND FOR A VERY LONG TIME THIS IS AUTO CONVERSATION MODE THAT LET'S YOU TALK IN ONE LANGUAGE, SENSES IT AND TRANSLATE IT AND YOU CAN TALK BACK IN THE OTHER LANGUAGE. LET'S TRY TO DO -- LET'S DO SPANISH. SO YOU ARE GOING TO SPEAK TO ME IN SPANISH. THIS IS NOT WORKING PROPERLY RIGHT NOW. WE'RE GOING TO TRY IT ONE MORE TIME. IT WORKS WELL BEFORE. WE'RE GOING TO HIT SPANISH. GEORGE DID IT. GO AHEAD. THAT WORKED.

THIS IS FANTASTIC. LIVE DEMO ON AIR. IT'S TRANSLATING.

>> I KNOW.

>> THAT'S EXACTLY WHAT YOU JUST SAID.

>> THAT'S AWESOME.

>> I HAVE NO IDEA.

>> MY DAD IS WATCHING. HE'S GOING TO HEAD OVER TO THE STORE. HE NEEDS THIS. THIS IS SO GOOD.

>> DO YOU WANT TO KNOW MY FAVORITE FEATURE? IT DOESN'T VALVE ANY MAGIC OR TRICKERY.

>> IT'S LIKE A BLUE. DO YOU SEE IT'S THE NICEST MAT BLUE I'VE EVER SEEN. IT'S INCREDIBLE. CHECK IT OUT. I PAD AVAILABLE TOMORROW. CHECK THOSE OUT TOO.

IN STORES. PREORDER NOW. AMAZING.

>> THANKS SO MUCH FOR COMING ON. THAT IS AWESOME. THAT IS REALLY GOOD TO KNOW.

>> NOW YOU KNOW HOW TO GET ALL THE HAWAII SHIRTS I WEAR.

>> I'VE BEEN DYING FOR ONE OF THOSE.

>> BYE PAL.

>> SO FUN. LOVE THAT. ALL RIGHT. NOW TO 5G NEWS. TEAM, AS YOU MAY KNOW SEASON IS PACED FOR MORE THAN 400,000 NET ADS EACH QUARTER. THE MOST ARE FIXED ACCESS OR FWA. AS OF THE END OF 2023 OVER 3 MILLION CONSUMER AND BUSINESS CUSTOMERS ARE USING THE FWA SERVICE. AS YOU CAN IMAGINE IT'S ABSOLUTELY CRITICAL WE DIFFERENTIATE OURSELVES IN THE HOME MARKET NOT ANNUAL BY THE SPEED PERFORMANCE WE CAN DELIVER WHICH BY THE WAY HAS BEEN THE MARKET'S

KEY COMPETITIVE CHARACTERISTIC IN THE PAST. HOW WE EFFICIENTLY AND TRANSPARENTLY GIVE CUSTOMERS TOOLS AND SERVICES THEY WANT TO PERSONALIZE AND SIMPLIFY THEIR EXPERIENCE IN THEIR HOMES. HERE IS A VIDEO THAT BREAKS DOWN SOME OF THE WAYS 5G IS TRANSFORMING THE HOME EXPERIENCE FOR OUR CUSTOMERS.

MOST CUSTOMERS ON AVERAGE HAVE 20 PLUS CONNECTED DEVICES IN THE HOME THAT INCLUDE ANDROIDS AND WEARABLES, GAMING DEVICES. IOT DEVICES. SMART SPEAKERS. ONE OF THE BIGGEST CHALLENGES CUSTOMERS HAVE TODAY IS BUY AUTOMATION FROM THE RING AND SOMEBODY ELSE. THOSE THINGS DON'T WORK WITH EACH OTHER.

CUSTOMERS HAVE TO GO TO SEVERAL PLACES TO MANAGE DEVICES. WE WANT TO BRING THEM TOGETHER IN A SIMPLE ECOSYSTEM WHERE CUSTOMERS CAN MANAGE ROUTINE ALL IN ONE PLACE. WE'RE FOCUSED ON FOUR KEY AREAS. HEALTH AND WELLNESS. SECURITY, HOME AUTOMATION AND MANAGEMENT. WE HAVE DIFFERENT PRODUCTS AND SERVICES THAT THE ROUTER CAN BE THE CENTRAL POINT OF. AND HOST ALL OF THOSE PRODUCTS AND SERVICES AND THEN WE HAVE A HOME APP THAT CAN MANAGE ALL OF THEM.

>> WE'LL HAVE A HOME SCREEN. THAT HOME SCREEN YOU'LL SEE LOCATION OF ALL YOUR DEVICES. YOU'LL SEE A SUMMARY OF HOW LONG HAS YOUR CHILD HAD SCREEN TIME. WHAT TYPE OF APPLICATIONS OR WEB CONTENT HAVE THEY BEEN DIGESTING AND DRIVING INSIGHTS. UNDERSTANDING HOW ARE THEY DRIVING OR DRIVING WITH SOMEBODY SO WE BRING ALL THAT TO THE FINGERTIPS AT THE HOME SCREEN FOR THE PARENT. IT'S A TECHNOLOGY THAT USES EXISTING WIFI SIGNAL IN THE HOME TO DETECT MOTION. YOUR DEVICES TOGETHER CREATE A SENSING NETWORK IN THE HOME AND WHEN PEOPLE OR PETS PASS THROUGH, WE'RE ABLE TO DETECT THAT AS MOTION. THERE ARE SEVERAL USE CASES FOR THAT INCLUDING HOME AUTOMATION, WE CAN DETECT A FALL WHICH IS IMPORTANT FOR OUR AGEING IN PLACE COMMUNITY. THIS ALLOWS US TO PASSIVELY DETECT MOTION IN THE HOME. OUR GOAL IS TO MAKE NETWORK SOMETHING THEY CAN ALLOW ON QUALITY TO GET WHAT THEY NEED TO DO AND AUTOMATION THEY ARE TRYING TO BRING IN.

>> REALLY AMAZING. BEFORE WE GET INTO SOME OTHER NEW NEWS I DID WANT TO SHARE ABOUT A NEAT EVENT THAT HAPPENED OVER THE WEEKEND. I'M TALKING ABOUT MARY J BLIGE STRENGTH OF A WOMAN SUMMIT IN NEW YORK CITY WHERE LEADERS TOOK THE MAIN STAGE. THEY SPOKE ANYWAY PANEL DISCUSSION ABOUT WOMEN IN SMALL BUSINESS AND WHY IT'S SO CRUCIAL TO SUPPORT MINORITY OWNED BUSINESSES. THE STRENGTH OF A WOMAN SUMMIT NOW IN ITS THIRD YEAR IS DESIGNED TO EMPOWER WOMEN AND WOMEN OF COLOR TO PURSUE PASSIONS AND PRIORITIZE THEIR OWN WELLNESS. AS A SPONSOR OF THE EVENT VERIZON BUSINESS MET WITH ENTREPRENEURS IN ATTENDANCE AND THEY GOT TO MEET THE MASTER MIND OF THE EVENT HERSELF. SO COOL. SUPER NEAT. WELL V TEAM OVER THE PAST COUPLE OF WEEKS YOU'VE SEEN EXCITING NEW WAYS PEOPLE ARE USING 5G THROUGH EMERGING VIDEOS LIKE THE ONE YOU SAW A BIT AGO. WE FIGURED LET'S TAKE IT A STEP FURTHER AND HAVE THE MAN WHOSE TEAM IS RESPONSIBLE FOR DEVELOPING THESE NEW TECHNOLOGIES AND PRODUCTS ON LIVE. PLEASE HE WILL HELP ME WELCOME OUR SVP OF PRODUCT AND TECH DEVELOPMENT. WHAT CAN WE DO TO HELP YOU AND YOUR TEAM DEVELOP BETTER PRODUCTS AND SOCIAL SECURITYIES FOR ALL

OF OUR CUSTOMERS.

WE'VE ALL HEARD OF THE TEST FORCE THOSE NETWORK TEAM MEMBERS WHO TEST, TEST AND RETEST OUR NETWORK TO MAKE IT THE BEST IT POSSIBLY CAN BE FOR OUR CUSTOMERS.

WE WENT THROUGH PRODUCTS WE HAVE IN THE HOME BUT WE HAVE MANY MORE PRODUCTS. WE THIS PRODUCT CALLED CLOUD TOO LARGE ALLOWS TO YOU STORE ALL THE PICTURES YOU WERE LOOKING AT A MINUTE AGO AUTOMATICALLY. YOU THINK SEARCH, YOU CAN CREATE SCENES. WE HAVE OUR PRODUCT WHICH IS GIZMO WATCH. AND WE WON "NEW YORK TIMES" BEST PRODUCT AWARD ON. THAT.

>> AMAZING.

>> THAT'S FOR OUR YOUNG CONSUMERS WHO WANT TO STAY IN TOUCH WITH THEIR FAMILY MEMBERS. WE HAVE MANY OTHER PRODUCTS. WE NEED TO MAKE SURE THE SAME VILLAGE PUT ON THE PRODUCTS. WHAT YOU GET BY JOINING THE TEST FORCE IS YOU GOAT TEST OUR PRODUCTS. YOU GET TO EXPERIENCE NEW FEATURES WE HAVE BEFORE RELEASED INTO THE MARKET. AND YOU GET TO SEE FEATURES WE MAY NOT RELEASE BUT WE'RE GOING TO TRY THEM OUT. YOU GET TO SEE BEHIND THE CURTAIN THE NEW THINGS WE DO HERE. WHAT IT MEANS TO JOIN THE TASK FORCE IS YOU START CONSUMING PRODUCTS AND START TESTING THEM JUST THE WAY THE NETWORK TASK FORCE IS, YOU TEST AND TEST AND RETEST. GIVE US THE GOODS AND BADS OF THE PRODUCT. HOW ARE WE DOING WELL, HOW CAN WE IMPROVE. WHAT WE CAN DO TO IMPROVE OUR PRODUCTS. WHEN CONSUMERS USE THESE, THEY GET THE BEST EXPERIENCE. WE HAVE MANY EXCITING PRODUCTS. GO ONLINE AND YOU CAN SEE UNDER MOBILE BROADBAND SECTION.

THE WAY THE PRODUCTS ARE AVAILABLE TO EMPLOYEE PROGRAM. YOU GET DISCOUNTS BY USING THESE PRODUCTS. AND THIS IS NOT MANDATEED. WE WANT YOUR INPUTND WANT TO YOU TRY THESE PRODUCTS. THE WAY TO ENGAGE WITH SUS ONCE YOU START USEING THE PRODUCTS YOU CAN REACH OUT ON SLACK CHANNEL CALLED.

#TESTFORCE- TPD- PRODUCTS

WE HAVE MEMBERS OF MY TEAM TAKING FEEDBACK AND WORK WITH YOU TO CAPTURE THE FEEDBACK AND WORK TO IMPROVE THE PRODUCTS AS YOU GO FORWARD.

>> YOU GOT MY INVOLVEMENT THAT SOUNDS GREAT.

>> I WANT TO TALK ABOUT A COUPLE OF OTHER THINGS. I THINK WE HAVE A SLIDE COMING UP IN A SECOND. NOT ONLY GET TO TEST OUR PRODUCTS. WE ALSO HAVE A PORTAL WHERE WE PUT ALL THE NEW KIND OF IDEAS THAT WE HAVE AND WE TEST WITH OUR EMPLOYEES AND OTHERS. WE HAVE A PRODUCT CALLED FAMILY TALK WHICH WE'LL SHARE WITH EMPLOYEES AND THEN PUT OUT TO THE MARKET IT ALLOWS FAMILIES TO HAVE ONE COMMON NUMBER THAT YOU CAN SHARE WITH SCHOOLS AND HOSPITALS AND OTHERS SO THEY CAN REACH ANY MEMBER OF THE FAMILY WITH ONE DIAL RATHER THAN MULTIPLE. EXAMPLES OF THOSE THINGS IN THE PORTAL. WE'LL HAVE MANY MORE NEW IDEAS.

THE IDEAS WE TALK ABOUT POP UP THERE.

THE LAST THING WE WANT TO DO IS THERE IS NO BETTER AUDIENCE THAN OUR V TEAMERS WHO UNDERSTAND OUR CUSTOMERS WHO UNDERSTAND OUR NETWORKS. WE WANT THE V TEAMERS, YOU TO SHARE YOUR BRILLIANT IDEAS

INTO THE IDEA PORTAL SO THAT WE CAN TAKE THEM, WE CAN START WORKING ON THEM.

>> I LOVE THAT ONE NUMBER THING BECAUSE SO MANY NUMBERS, YOU CAN'T MEMORIZE THAT MANY NUMBERS. ONE IS GOOD FOR THE WHOLE FAMILY. THAT'S AMAZING.

>> WE CAN GIVE IT TO YOU TO TEST.

>> I LOVE. THAT PERFECT. THAT SOUNDS LIKE AN INCREDIBLE OPPORTUNITY. EVERYONE NEEDS TO GET IN ON THIS. THANK YOU FOR STOPPING BY AND SHARING THIS. I'M SURE PEOPLE ARE GOING TO LOVE THIS. THIS IS SUCH A GREAT OPPORTUNITY. TAKE CARE. AWESOME. VERY COOL. WE'LL HAVE MORE INFORMATION ON HOW YOU CAN SIGN UP AND HELP OUT HIS TEAM.

>> OKAY, NOW TO SOME HEARTWARMING NEWS WE CAN ALL FEEL PROUD OF. AS YOU KNOW, IT'S GRADUATION SEASON AND RECENTLY A FORMER VERIZON INNOVATIVE LEARNING STUDENT CELEBRATED THE INCREDIBLE MILESTONE OF GRADUATING FROM COLLEGE! MINU PATEL, A VERIZON INNOVATIVE LEARNING STUDENT IN 2014 AND 2015, GRADUATED FROM TEMPLE UNIVERSITY LAST WEEK WITH A DEGREE IN INFORMATION SCIENCE AND TECHNOLOGY. MINU WAS ONE OF THE FIRST STUDENTS TO PARTICIPATE IN THE VERIZON INNOVATIVE LEARNING PROGRAM AS A PHILADELPHIA MIDDLE- SCHOOL STUDENT, AND CREDITS THE PROGRAM WITH KICK- STARTING HER LOVE FOR TECHNOLOGY. MINU IS JUST ONE OF THE 7 MILLION STUDENTS THAT VERIZON INNOVATIVE LEARNING HAS REACHED, WHICH INCLUDES HELPING STUDENTS THROUGH VERIZON INNOVATIVE LEARNING SCHOOLS, VERIZON INNOVATIVE LEARNING LABS, THE VERIZON INNOVATIVE LEARNING STEM ACHIEVERS SUMMER PROGRAM, AND THE ONLINE PLATFORM VERIZON INNOVATIVE LEARNING HQ ALL INITIATIVES THAT VERIZON SUPPORTS TO HELP CLOSE THE DIGITAL DIVIDE. LET'S WATCH MORE OF HER STORY:

>> IT'S BEEN EYE OPENING TO SEE OUR CULTURE AND PEOPLE WITH DIFFERENT DIVERSITIES GROWING UP IN INDIA AND MOVING HERE IN 2008. IN THE BEGINNING IT WAS NEW. A NEW WORLD. I WOULD DESCRIBE VERIZON INNOVATIVE LEARNING AS A BUCKET OF OPPORTUNITIES. IT MADE ME REALIZE THERE IS SO MUCH OUT THERE AND GIVING ME THE OPPORTUNITY TO BE A LEADER IN THE CLASSROOM TO BE RESPONSIBLE, DISCIPLINED WITH THE TECHNOLOGY AROUND ME. THIS WOULD BE AN EXPERIENCE MEMORABLE AS IT WAS FOR ME. TO ALL MY FRIEND FAMILY I WANT TO SAY THANK YOU FOR YOUR SUPPORT THROUGHOUT THE PAST YEARS. IT'S NICE TO HAVE THAT KIND OF SUPPORT.

>> WHAT A BEAUTIFUL VIDEO, AS A FIRST GENERATION STUDENT MYSELF HEARING HER NAME BE CALLED, I CAN ONLY IMAGE THE PRIDE HER FAMILY AND ALL OF US AT VERIZON FEEL FOR HER ACCOMPLISHMENT.

TODAY DIGITAL READY PROGRAM CELEBRATING HAVING REACHED 300,000 BUSINESS AS CROSS THE U.S. THE GRANT ACCESS TO OVER 50 COURSES, IN PERSON AND VIRTUAL NETWORKING AND MORE. THIS MARKS AMAZING PROGRESS TOWARDS VERIZON GOAL OF REACHING SMALL BUSINESSES BY 2030.

READY HAS REACHED, 51% ARE WOMEN- OWNED, 62% ARE BLACK- OWNED OR HISPANIC- OWNED BUSINESSES, AND 40% HAVE BEEN IN BUSINESS FOR 2 YEARS OR LESS OFTEN THE MOST DIFFICULT TIME FOR NEW SMALL

BUSINESSES. LET'S CHECK OUT A VIDEO TO LEARN MORE!

EVERYTHING WE HAVE LEARNED HAS HELPED TRANSFORM BUSINESS. I'VE TALKED TO REAL PEOPLE IN REAL POSITIONS THAT GIVE ME INSIGHT. LED ME DOWN MY JOURNEY TO GET MY CERTIFICATION.

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>>> VERY COOL! V TEAM, SMALL BUSINESS DIGITAL READY USERS WHO HAVE COMPLETED AT LEAST TWO RESOURCES ON THE PLATFORM THIS YEAR ARE ALSO ELIGIBLE TO APPLY FOR THE PROGRAM'S NATIONAL \$10,000 DOLLAR GRANTS. THE CURRENT GRANT CYCLE IS NOW OPEN UNTIL JUNE 28TH! SO IF YOU KNOW SOMEONE WITH A SMALL BUSINESS BE SURE TO SHARE THIS INFORMATION WITH THEM, YOU CAN FIND LINKS TO SHARE IN TODAY'S STORY!

>> ALRIGHT, BEFORE WE GO, IT'S TIME FOR OUR NEW SEGMENT, MINDFUL MINUTE, AS RAQUEL AND I SHARED LAST WEEK. MAY IS MENTAL HEALTH AWARENESS MONTH, AND WE WANT TO HELP YOU FIND WAYS TO TAKE CARE OF YOURSELF BY SHARING SCIENCE- BACKED TIPS - THAT HAPPEN TO HELP US PERSONALLY! THAT BEING SAID, TODAY I WANT TO ENCOURAGE EVERYONE WATCHING TO GET OUTSIDE AND ENJOY SOME FORM OF NATURE.

>> BUT DON'T JUST TAKE IT FROM ME. ACCORDING TO THE AMERICAN PSYCHOLOGICAL ASSOCIATION, EXPOSURE TO NATURE HAS BEEN LINKED TO A HOST OF BENEFITS, INCLUDING IMPROVED ATTENTION, LOWER STRESS AND EVEN UPTICKS IN EMPATHY AND COOPERATION, ALL VERY IMPORTANT. AND HERE'S A COOL TIP, WHEREVER YOU'RE WORKING FROM, TRY TO FIND SOME GREENERY TO LOOK OUT AT. HERE IN BASKING RIDGE, ALMOST EVERY WINDOW FACES SOME FORM OF GREENERY. AND YOU MAY BE ASKING YOURSELF WHY GREENERY, JEN?

>> WELL, ACCORDING TO THE JOURNAL OF ENVIRONMENTAL PSYCHOLOGY AUSTRALIAN RESEARCHERS ASKED STUDENTS TO ENGAGE IN A SIMPLE TASK IN WHICH THEY PRESSED A COMPUTER KEY WHEN CERTAIN NUMBERS FLASHED ON A SCREEN. AND GET THIS, THE STUDENTS WHO LOOKED OUT AT A FLOWERING GREEN ROOF FOR 40 SECONDS MIDWAY THROUGH THE TASK MADE SIGNIFICANTLY FEWER MISTAKES THAN STUDENTS WHO PAUSED FOR 40 SECONDS TO GAZE OUT AT A CONCRETE ROOFTOP. SO LOOK AT THAT! YOU CAN IMPROVE YOUR PRODUCTIVITY EVEN IF YOU CAN'T GET OUTDOORS DURING THE WORKDAY. LET US KNOW IF YOU TRY THIS AND HOW IT WORKS OUT! AND BE SURE TO LEAVE A COMMENT SHARING YOUR WELLNESS TIPS FOR OTHER V TEAMERS TO TRY. IT'S THROUGH TEAMWORK AND COMMUNITY THAT ALL GOOD THINGS HAPPEN. WITH THAT, HAVE A WONDERFUL DAY! BE SURE TO TUNE IN ON THURSDAY FOR ANOTHER AWESOME LIVE SHOW. WE'LL BE SHARING A COOL IN- STORE ACTIVATION HIGHLIGHTING A VERY POPULAR NETFLIX SHOW. UNTIL NEXT TIME, YOU'RE UP TO SPEED