

**VERIZON
UP TO SPEED LIVE
November 7, 2022 12:00 PM ET**

>> HEY EVERYONE, IT'S A NEW WEEK!

THANKS FOR WATCHING UP TO SPEED!

I WANT TO START BY THANKING THE KINDNESS OF THE V TEAM WHO HELPS FUND OUR VTOV EMPLOYEE RELIEF FUND.

THE FUND HELPS EMPLOYEES DISPLACED FROM THEIR HOMES DUE TO NATURAL DISASTERS, SUCH AS

FIRE, FLOOD, SEVERE WEATHER, OR DOMESTIC VIOLENCE.

LET'S LISTEN TO V TEAMER JULIA STEVENS SHARE HER STORY ON HOW VTOV HELPED HER REBUILD AFTER HURRICANE IAN.

>> MY NAME'S JULIA STEVENS. I LIVE IN RIVERVIEW, FLORIDA, JUST OUTSKIRTS OF TAMPA ABOUT 20

MINUTES AND I LIVE WITH MY 5-YEAR-OLD SON, CALEB.

FIRST TIME HEARING ABOUT IAN,

THEY MADE THE ANNOUNCEMENT THAT THEY WERE CLOSING SCHOOL.

I CHECKED THE MAP TO SEE THE

PATH, AND IT WAS A STRAIGHT SHOT TO US.

SO I PACKED UP MY WORK COMPUTER,

PHONE, EVERYTHING, AND WE GOT ON THE ROAD.

WHEN I CAME HOME, I DIDN'T HAVE ANY PHYSICAL DAMAGE TO MY HOUSE.

IN THE BACK, THERE WERE TWO GIANT TREES THAT FELL.

THAT'S WHEN WE NOTICED WE DIDN'T HAVE ANY POWER AT THE HOUSE.

EVERYTHING WAS RUINED. WE HAD NO FOOD.

IT'S A BIG INCONVENIENCE.

WE NEED ELECTRICITY.

I LEARNED ABOUT VTOV FINALLY IN

2017, THAT'S WHEN WE HAD HURRICANE IRMA HIT, SO THIS IS

ONE OF THOSE TIMES I DID REACH OUT TO THEM.

APPLYING WAS REALLY EASY.

THEY LOOK LESS THAN A WEEK AND IT WAS A RELIEF BEING ABLE TO REIMBURSE ME WITH SOME OF THE EXPENSES.÷ WITH THE VTOV GRANT,

IT DEFINITELY COVERS THE SMALLER THINGS THAT YOU MIGHT

EXPERIENCE, LIKE IF YOU LOST FOOD, IF YOU HAD TO EVACUATE,

JUST KNOW THAT THEY'RE GOING

TO BE THERE AND THEY'RE GOING TO TAKE CARE OF YOU REGARDLESS.

VERIZON SURPRISES ME EVERY DAY.

FOR THEM OF SO A PROGRAM LIKE THAT TO COVER THE COST FOR

EMPLOYEES, IT JUST ME EVEN MORE PROUDER TO BE A V TEAMER.

>> JULIA, THANK YOU FOR SHARING YOUR STORY.

V TEAM, YOU CAN DONATE TO THE VTOV FUND.

IF YOU HAVEN'T ALREADY DONE SO, IT'S SUPER SIMPLE.

PERSONALLY, I CHOSE TO DONATE BY

PAYROLL DEDUCTION AND A LITTLE GOES A LONG WAY.

TO FIND OUT HOW YOU CAN DONATE, CHECK OUT TODAY'S STORY.

IT'S NOVEMBER WHICH MEANS IT'S NATIVE AMERICAN HERITAGE MONTH!

NAV, OUR EMPLOYEE RESOURCE GROUP THAT STANDS FOR NATIVE AMERICANS

OF VERIZON IS CELEBRATING WITH THIS MONTH'S THEME, UNIQUELY

UNIFIED: OUR STORIES CONNECT US.

THERE'S A LOT IN STORE ALL MONTH BUT BEFORE WE GET INTO THAT,

LET'S TAKE A LOOK AT A VIDEO HIGHLIGHTING WHO NAV IS.

>> HAPPY INDIGENOUS PEOPLE'S DAY.

WE'RE SO EXCITED FOR THIS DAY.

>> WE'RE JUST CELEBRATING THE BEAUTY OF BEING ABLE TO COME TOGETHER AS ONE TO TAKE AND TO LEARN AND TO UTILIZE THE GIFTS THAT OUR ANCESTORS HAVE GIVEN US.

>> DON'T BE AFRAID TO SPEAK UP AND SHARE YOUR JOURNEY AND WHERE YOU ARE, AND IF YOU NEED HELP.

>> THIS IS A BOUNTIFUL WORLD, YOU KNOW?

WE HAVE CHALLENGES BUT WE'VE GOT SO MUCH GOING HERE FOR US.

>> ONCE YOU'RE TRUE TO YOURSELF, IT'S JUST LIKE EVERYTHING ELSE MELTS AWAY.

>> I JOINED NAV TO BE PART OF A COMMUNITY THAT ALLOWED ME TO LEARN MORE ABOUT MY NATIVE AMERICAN HERITAGE.

>> YOU HAVE SO MANY DIFFERENT TRIBES.

YOU HAVE SO MANY DIFFERENT CULTURES.

>> MEETING NEW COLLEAGUES FROM

ACROSS THE COUNTRY, IT HAS BEEN AMAZING MAKING NEW FRIENDS.

>> I LOVE BEING A PART OF NAV, BECAUSE WE ARE BUILDING EQUITY AND A NEW FUTURE FOR OUR NATIVE AMERICAN EMPLOYEES.

>> HELPING OUR COUNTRY AND THE WORLD EMPOWER AND EMBRACE NATIVE AMERICANS.

>> CONTINUE TO FIND CREATIVE WAYS TO SERVE OUR COMMUNITY.

>> IF YOU'RE THINKING ABOUT JOINING NAV, YOU ABSOLUTELY SHOULD.

>> NAV HAS SOME OF THE BEST ENGAGEMENT.

NAV HAS SOME OF THE MOST ACTIVE MEMBERS.

NAV HAS SOME OF THE MOST UNIQUE OPPORTUNITIES TO SHOW YOUR VOICE.

>> AS A DIRECT DESCENDANT OF A TRIBE OR AS AN ALLY, WE WELCOME EVERYONE.

>> I AM A MEMBER OF THE LUMBI TRIBE OF NORTH CAROLINA.

>> AFRO INDIGENOUS.

>> A VOCAL ALLY.

>> I AM APACHE.

>> I'M AN ADVOCATE.

>> OUR STORIES --

>> OUR STORIES --

>> CONNECT US.

>> CONNECT US.

>> OUR STORIES CONNECT US.

>> WE ARE NAV.

>> WE ARE NAV.

>> NAV.

>> NAV.

>> NAV.

>> WE --

>> -- ARE NAV.

>> WOW, UNIQUELY UNIFIED THEY ARE.

NAV HAS SO MANY EVENTS COMING UP THAT YOU WON'T WANT TO MISS, INCLUDING A VARIETY OF VOLUNTEER

OPPORTUNITIES ON OUR VERIZON VOLUNTEERS PORTAL, A REALLY COOL DISCUSSION ABOUT HOW WE CAN UNDERSTAND OUR GENEALOGY WITH GENEALOGIST DAVID MCCORKLE, A YUMMY DINNER WITH LIZ MARTIN OF NAV, ALONG WITH ELLCENTRELL PHILLIPS, NAVS GLOBAL LEAD, WILL HELP TURN UP THE HEAT IN THE KITCHEN AS THEY PREPARE SWEET POTATO YAM CORN SALAD WHICH SOUNDS DELICIOUS.

ALL THESE EVENTS AND MORE WILL BE LINKED IN AN ARTICLE YOU CAN FIND IN TODAY'S STORY.

AND IF YOU DON'T HAVE A NAV T-SHIRT, NOW IS YOUR CHANCE TO ORDER ONE.

WHEN YOU PURCHASE A NAV SHIRT, A \$5 DONATION WILL BE MADE TO THE INDIAN COLLEGE FUND, AN ORGANIZATION THAT PROVIDES FINANCIAL SUPPORT FOR NATIVE

AMERICAN STUDENTS AND TRIBAL COLLEGES AND UNIVERSITIES.

THE FUND ALSO SUPPORTS PROGRAMS FOR INSTITUTIONAL GROWTH AND SUSTAINABILITY AND CULTURAL PRESERVATION.

CHECK OUT THE LINK IN TODAY'S STORY TO ORDER ONE TODAY.

WE'VE GOT MORE "UP TO "SPEED" ALL WEEK!

TOMORROW WE WILL HEAR SOME BUSINESS UPDATES WITH IRIS MEIJER,

THURSDAY AN EMPLOYEE PROFILE TO HONOR VETERANS DAY

AND FRIDAY WE'RE BACK WITH A LIVE NEWS RUNDOWN.

UNTIL NEXT TIME, YOU'RE UP TO SPEED!