

Up To Speed Live
November, 13 2020

>> HELLO, AND WELCOME TO A VERY SPECIAL EPISODE TODAY. TODAY, WE ARE HONORING OUR VETERANS AND AS THE SISTER OF AN IRAQ WAR VETERAN, THIS IS A VERY SPECIAL DAY FOR ME. I AM DIANA AND THANK YOU FOR JOINING US. VERIZON IS A SPECIAL PLACE WHEN IT COMES TO VETERANS, WE SHOW UP FOR THEM EVERY DAY, AS WE SHOULD. AND I JUST WANTED TO MENTION 2020 BEING WHAT IT IS, AND A COMPLETE TURMOIL FOR A LOT OF PEOPLE, IT HASN'T STOPPED US FROM BEING DEDICATED AND COMMITTED TO OUR VETERANS, DOING RIGHT BY THEM, PUTTING THEM TO WORK, AND MAKING SURE THAT THEY KNOW THAT THEY ARE VALUED.

SO ONE OF THE THINGS I WOULD LIKE TO MENTION, THIS MONTH WE WENT VIRTUAL WITH #THANKSTOVETS, THIS MONTH HAS ACTIVITIES WE DEDICATED TO THIS CAUSE, WE HAVE 10,000V TEAMERS THAT ARE VETERANS, THAT IS SOMETHING TO BE PROUD OF, I HAPPEN TO WORK WITH A FEW, WHICH IS REALLY GREAT FOR ME, I KNOW HOW MUCH THEY LOVE OUR COUNTRY AND HAVE DONE FOR ALL OF US AND TO KEEP US SAFE.

AND THIS IS TIME FOR A LITTLE BIT OF BRAGGING, AND I LOVE I GET TO BRAG ABOUT MY COMPANY. LET'S SEE THE FIRST SLIDE, DESPITE COVID-19 AND ALL OF ITS CHALLENGES, WE ARE THE NUMBER ONE MILITARY FRIENDLY COMPANY, THE NUMBER TWO MILITARY FRIENDLY BRAND, THE NUMBER THREE SPOUSE FRIENDLY EMPLOYER, SPOUSES ARE SO IMPORTANT AND NUMBER 10 THE MILITARY FRIENDLY EMPLOYER.

SO IT HAS BEEN A GREAT YEAR FOR US AS FAR AS OUR SERVICE AND DUTY TO OUR VETERANS, WE ARE VERY PROUD OF WHAT WE DO AND THAT IS WHAT THIS ENTIRE SHOW IS ABOUT. THIS SHOW IS ABOUT VETERANS.

AND SPEAKING OF DELIVERING, BY THE WAY, YOU ASKED YOU TO NOMINATE A VET FOR VETERANS DAY AND BOY DID YOU DELIVERING. WE WANTED TO FEATURE YOUR PHOTOS AS PART OF THE NEW YORK CITY VETERAN'S DAY PARADE. WE PARTICIPATED IN A MOTORCATE WITH TWO IT DIGITAL TRUCKS WITH YOUR PHOTOS AND MESSAGES ON THEM TO SHOWCASE HOW MUCH WE CARE ABOUT OUR VETERANS.

AND YOU KNOW ME, EVERY TIME I POST, MY FAVORITE PART OF EVERY SHOW IS FEATURING OUR OUTSTANDING V TEAMERS AND TODAY WE HAVE A VERY SPECIAL ONE IN MIND. THIS IS ESAIAS EDWARDS, FROM NORTH CAROLINA, AND I LOVE HIS STORY. LET'S TAKE A LOOK.

>> I AM ESAIAS EDWARDS, I AM A MANAGER AND I HAVE BEEN WORKING FOR VERIZON SINCE 2015.

MY FAVORITE THING TO DO, OTHER THAN PLAYING WITH MY KIDS, IS PLAYING TENNIS. I HAVE BEEN SERVING THE UNITED STATES ARMY FROM 2008 TO 2015. I SERVED THREE YEARS IN AFGHANISTAN. THAT IS ONE OF THE BEST EXPERIENCES IN MY ENTIRE LIFE AND GAVE NEE A LOT OF DISCIPLINE I USE IN MY ROLE AT VERIZON.

COMING IN EARLY IN THE MORNING IS MOTIVATING FOR THE TEAM TO ACTUALLY PERFORM AND WORK AND, YOU KNOW, GO OUT THERE AND MAKE A DIFFERENCE. MOST EVERYTHING WE DO IN THE MILITARY IS LIKE A BIG FAMILY. NO MATTER WHERE YOU GO IN THIS COMPANY, IT SEEMS LIKE WHAT YOU GET ON THE TEAM, IT IS LIKE A FAMILY. SO THAT IS SOMETHING THAT REALLY SPEAKS WITH ME.

AND ONE OF MY BIGGEST ACCOMPLISHMENTS, I THINK, WAS GOING IN ONE YEAR FROM A SALES REP TO A SOLUTIONS MANAGER. I WENT IN HEAD FIRST AND I MADE THE BEST OUT OF IT EVERY DAY AND I DROVE AND PUSHED MYSELF, I'M STILL REALLY GLAD MY GENERAL MANAGER GAVE ME THE OPPORTUNITY TO JOIN HER TEAM.

I WILL BE HONEST WITH YOU, I AM REALLY MUCH A BIG NERD, SO ANYTHING REGARDING TECH, I DEFINITELY WANT TO DO THAT. AGAIN, VERIZON IS ONE OF THOSE COMPANIES, IF THEY HAVE IT, THEY WILL LET YOU DO IT. I WILL CONTINUE TO USE THIS AS A STEPPING STONE TO GO TO THE NEXT STEP.

I ACTUALLY DO MOONLIGHT AS A KAZOO PLAYER. ONE DAY YOU WILL ALL GET A CONCERT. I WOULD DEFINITELY TELL THEM TO JUMP ON IT, IT IS A GREAT PLACE TO DEVELOP, GROW, THERE'S A LOT OF RESOURCES FOR YOU TO CONTINUE YOUR EDUCATION. ONE OF THE GREATEST THINGS ABOUT VERIZON IS ON THE CULTURE, ON THE CUSTOMER SERVICE

AND RETAIL SIDE, IT IS ONE BIG FAMILY. IT IS A GREAT PLACE TO WORK, AND I DEFINITELY RECOMMEND IT.

>> I DID NOT SEE THAT COMING! HE IS A KAZOO PLAYER AS WELL AS A VETERAN, THAT IS ONE OF MY FAVORITE THINGS I HAVE SEEN SO FAR. THANK YOU SO MUCH FOR YOUR SERVICE, WE ARE SO LUCKY TO HAVE YOU. HE IS RIGHT, IT DOES FEEL LIKE A FAMILY HERE AND THAT IS WHY IT MATTERS SO MUCH WHEN WE ARE TALKING ABOUT OUR VETERANS, WE WANT THEM TO KNOW THEY BELONG HERE AND ARE VALUED. TWO OF MY FAVORITE PEOPLE AT VERIZON THAT MAKE THAT THE MISSION EVERY DAY IS HERE TODAY, RONAN AND TAMI TO TALK ABOUT WHY VETERANS MATTER SO MUCH. AND RONAN, I WILL START WITH YOU TO TELL US A LITTLE BIT ABOUT THE VERIZON CONSUMER SIDE.

>> SO, DIANA, THANK YOU AND HELLO, EVERYBODY.

AND IT IS A REAL PRIVILEGE AND AN HONOR TO BE PART OF OUR RECOGNITION TODAY. AND SOMETHING THAT WE DO EVERY SINGLE DAY, AND I AM VERY PROUD OF WHAT WE DO IN CONSUMER. WE ARE BOTH STRIVING TO BE AN EMPLOYER OF CHOICE ACROSS ALL CATEGORIES, BUT VERY PROUD OF THE VETERANS THAT WE HAVE WITHIN THE ORGANIZATION PART OF THAT, MORE THAN 10,000, THAT ARE IN THE BUSINESS OVERALL.

BUT WE ALSO HAVE OTHER VERY PRACTICAL WAYS OF EXPRESSING OUR GRATITUDE THROUGH DISCOUNTS AND SPECIAL OFFERS, AND SPECIAL EVENTS EXPERIENCE AND ESSENTIALLY BY GIVING BACK TO THOSE WHO GIVE THE MOST. WHETHER YOU ARE A VERIZON CUSTOMER, A VERIZON EMPLOYEE, OR BOTH, MILITARY SERVICE MEMBERS AND VETERANS CAN BENEFIT FROM THE SAVINGS THAT WE OFFER.

SO WHAT DO WE DO? WELL, MILITARY FAMILIES ARE GETTING SPECIAL PRICING AND PROMOS ON SELECTED SMARTPHONES WHEN THEY ADD A LINE AND UPGRADE. BUT THEY ARE ALSO GETTING SOME REALLY GREAT EXPERIENCES WE OFFER FOR OUR MOBILE AND FIOS CUSTOMERS, SUCH AS IN-GAME LOOT ON US, INCLUDING PREMIUM ACCOUNT STATUS AND TWO PREMIUM WARSHIPS ON THE AWARD WINNING NAVAL MULTIPLAYER GAMES. IF YOU DON'T KNOW ALREADY, EXTRA LOOT, PREMIUM WARSHIPS IS THE BEST WAY TO GO. IN THIS PAST

WEEK, WE ARE IN THIS WORLD OF WARSHIP VIRTUAL FLEET WEEK, SOMETHING I WASN'T AWARE OF UP UNTIL JUST NOW AND EVERYTHING THIS YEAR WAS VIRTUALIZED AND STREAMED ON TWITCH AND ON YOUTUBE AS WE PARTNERED WITH SEVERAL ORGANIZATIONS TO CREATE AN EXCITING, VIRTUAL ATMOSPHERE, PAYING TRIBUTE TO U.S. VETERANS JUST BEFORE VETERANS DAY.

SO YOU CAN STILL CATCH THE SHIPS PARADE, THE AIR SHOW, THE KEYNOTE AND THE INSPIRATIONAL STORIES FROM EXPERTS IN VERIZON VETERAN EMPLOYEES AND INSIGHTS AND MORE ON THESE TWO PLATFORMS.

NOW, VERIZON IS ALSO HOSTING TWO TOURNAMENTS FOR THE WORLD OF WARSHIPS AND VETERANS COMMUNITY ON DECEMBER THE 5TH AND DECEMBER THE 6TH, WITH VERIZON BRANCHES CHALLENGE, AN EXHIBITION MATCH FEATURES FOUR TEAMS OF VETERANS COMPETING TO SUPPORT THEIR CHARITIES OF CHOICE AND SECONDLY, VERIZON WARRIORS CHAMPIONSHIP, A PRO-LEVEL COMPETITION WITH PRIZE MONEY.

SO, LOOK, WE MAIN TOWER MISSION SUPPORTING VETERANS IN PARTNERSHIP WITH WOUNDED WARRIOR PROJECT, ONE REASON WE HAVE THIS EVENT TODAY.

AND TO HELP WITH WITH THE WOUNDED WARRIOR PROGRAM, WE MAKE IT EASIER FOR FAMILIES TO SUPPORT VETERANS ON THE ADD A PAYMENT DONATION ON THE PAGE, TO CONTRIBUTE THE FIXED AMOUNT TO THE WOUNDED WARRIORS PROJECT.

SO THAT IS JUST A RUN-THROUGH, VERY QUICKLY, OF ALL THE WAYS WE ARE TRYING TO SUPPORT VETERANS, AND MOST PARTICULARLY, I JUST WANT TO SAY THAT YOU SUPPORT US, EVERY SINGLE DAY, IT IS THE LEAST WE CAN DO TO SUPPORT YOU ALL. THANK YOU.

>> THANK YOU, ABSOLUTELY ALL RONAN, AND I HAVE TO TELL YOU, I WAS BLOWN AWAY BY THE WORLD OF WARSHIPS, IN MY MIND, I WAS LOOKING AT IT AND THINKING, WE ARE IN THE WARSHIP! SO IT IS A WONDERFUL COMMITMENT OVERALL. BY THE WAY, RONAN, YOU ARE WAY TOO HUMBLE. I CAUGHT YOU ON SOMETHING VERY SPECIAL, HE IS IN A SALUTE TO SERVICE HISTORY CHANNEL SPECIAL FEATURED ON VETERANS DAY, WHICH SO OFTEN YOU CAN SEE A LITTLE BIT OF IT HERE, AND IT HAPPENS TO FUTURE ONE OF MY

COLLEAGUES AND FRIENDS, LAUREN SHULTZE WHO IS A VETERAN, A MOM, A REALLY HARD WORKER AND SOMEBODY THAT I AM PROUD TO SAY THAT I WORK WITH. SO IT WAS REALLY BEAUTIFUL, REALLY WELL DONE, AND MORE ON YOUR STORY, INSPIRED ME SO MUCH, WE ARE LUCKY TO HAVE THOSE OF YOU. SO THANK YOU, RONAN, THANK YOU, LAUREN. AND NOW I WOULD LIKE TO TURN TO TAMI, BECAUSE OH MY GOODNESS, YOU HAVE SUCH A LONG HISTORY AND COMMITMENT OF SUPPORTING OUR VETERANS AND OUR TROOPS AND IN FACT YOU LEAD THE ERG VALOR. SO WE ARE SO LUCKY TO HAVE YOU IN THAT ROLE, TAMI, AND OF COURSE THE BUSINESS GROUP SUPPORTS GOVERNMENT INSTITUTIONS IN THRIVING THOSE VERY IMPORTANT PROGRAMS AND SERVICES TO THOSE THAT PUT THEIR LIVES ON THE LINE. CAN YOU TELL US A LITTLE BIT WHY THIS IS SO IMPORTANT TO YOU AND WHAT YOUR GROUP DOES?

>> YEAH, ABSOLUTELY AND A BIG SHOUT OUT TO LAUREN, SHE IS SPECTACULAR AND A HIGHLIGHT OF HER CAREER AND HOW SHE HAS PIVOTED FROM THE MILITARY INTO BEING ONE OF THE 10,000 VETERANS THAT SERVE AT V TEAM, AND IT IS A REALLY SPECTACULAR STORY AND SUCH AN IMPORTANT REMINDER OF HOW IT IS WE ARE A PART OF THIS COMMUNITY. I HAVE THE HONOR TO BE PART OF THE VALOR TEAM, NOT BECAUSE I SERVED, BUT BECAUSE I AM A SPONSOR OF VALOR AND IT REALLY LOVE THE WORK THAT TOMMY JONES AND DAVID CRUISEEN AND OTHERS IN THIS GROUP ARE BRINGING TOGETHER THIS RESOURCE TEAM ON BEHALF OF VETERANS AND THEY ARE DOING REALLY SPECTACULAR WORK.

I THINK ABOUT THE 35,000 HOURS OF VOLUNTEER THAT THE VALOR TEAM HAS PUT FORTH THIS YEAR ALONE. I LOVE THAT, ONE OF THE THINGS THAT I KNOW ABOUT THE MILITARY AND THOSE WHO SERVED IS THEY ALWAYS BELIEVE THERE'S MORE THEY CAN DO. AND I THINK THAT'S EVIDENCED BY THE 35,000 HOURS OF VOLUNTEER WORK THEY HAVE DONE SO FAR.

AND WHAT I LOVE IS THAT THEY SUPPORT ONE ANOTHER. I HAPPENED TO BE ON A CALL WITH A NUMBER OF VETERANS THIS WEEK, AND WE WERE TALKING ABOUT THIS FAMILIES THAT COME TOGETHER AS PART OF THE MILITARY AND THE FAMILY THAT COMES TOGETHER

AS PART OF BEING A V TEAMER, AND JUST SO MUCH CORRELATION BETWEEN HOW WE SERVE AT VERIZON AND HOW WE SERVE OUR COUNTRY.

AND NOBODY, NOBODY GIVES MORE THAN THOSE WHO HAVE SERVED. SO LET ME JUST ADD MY THANKS, MY GRATITUDE, MY APPRECIATION TO ALL THE VETERANS OUT THERE.

VETERANS DAY IS AN IMPORTANT AND SPECIAL DAY, WE ENJOY INCREDIBLE FREEDOMS AS AMERICANS THAT WE CAN NEVER TAKE FOR GRANTED. AND ON BEHALF OF VALOR AND ALL THOSE WHO SERVED AND THEIR FAMILIES, A BIG THANK YOU AND APPRECIATION, NOT JUST ON VETERANS DAY, BUT EVERY SINGLE DAY.

>> YES, AND TAMI, I WANTED TO ASK A LITTLE BIT ABOUT THE HIRING OUR HEROES SCHOLARSHIP PROGRAM, THAT IS SOMETHING THAT IS A REALLY WONDERFUL THING TO HAVE, CAN YOU TELL US A LITTLE BIT MORE ABOUT THAT?

>> YES, THE HIRING OUR HEROES PROGRAM HAS GIVEN US THE ABILITY TO BE VERY ACTIVELY COMMITTED IN MAKING SURE WE ARE FINDING A WAY TO BE ON BASES AND TO REALLY HELP MILITARY PERSONNEL WHO HAVE SERVED AS THEY ARE COMING BACK INTO THE PUBLIC SECTOR TO REALLY FIND THEIR WAY IN THE PRIVATE WORLD TO BE PART OF AND REORIENT TO A WORLD THAT SEEMED PRETTY FOREIGN WHEN THEY COME BACK FROM HAVING SERVED AND SO HIRING OUR HEROES IS A GREAT PROGRAM, A SHOUT OUT TO LISA DAMESK AND KRISTIN PENBIANKI AND THEIR TEAM TO BE VERY ACTIVE AND LEADING, WE ARE ONET OF THE TOP EMPLOYERS IN HOW WE ENGAGE WITH HIRING OUR HEROES, WE THINK OF DOING GOOD FOR OTHERS, IN REALITY, THEY ARE SOME OF OUR VERY BEST EMPLOYEE AND THE ABILITY TO BE ENGAGED AS THEY TRANSITION BACK IN IS A SUPER IMPORTANT PART OF OUR CULTURE IN HOW WE THINK ABOUT HIRING THE VERY BEST TALENT AVAILABLE.

>> AND IT ALSO ALLOWS YOU TO HIGHLIGHT THE WORK THAT WE ARE DOING WITH VETERANS AFFAIRS, WE ARE CONSTANTLY MAKING SURE THEY GET THE TECHNOLOGY THEY NEED, CAN YOU HELP WALK US THROUGH SOME OF THOSE INITIATIVES.

>> YES, ONE THING I GET TO DO IN ADDITION TO BEING A SPONSOR FOR VALOR IS, AS PART OF THE BCB, WE HAVE THE PUBLIC VECTOR BUSINESS THAT ANDREAS AND THE TEAM

LEAD AND MANAGE AND IT HAS BEEN AN INHAD CREDIBLE YEAR AS YOU WATCH, WHETHER IT IS THE U.S.S. COMFORT COME INTO THE HARBOR IN NEW YORK AS WE FIGHT COVID, AND HOW DO WE ACT DIFFERENTLY ON BEHALF OF TECHNOLOGY AND LET ME GIVE YOU TWO EXAMPLES I AM SUPER EXCITED ABOUT, ONE FOR VETERANS AFFAIRS AND ONE FROM HOW WE THINK ABOUT DOD AND THEY BOTH INVOLVE 5G. I KNOW THAT IS NOT A SURPRISE, BUT THINKING HOW MILITARY EMBRACES TECHNOLOGY, THEY ARE NOT ONLY EMBRACING THEY ARE LEADING THE INNOVATION WE ARE DOING AND IN VETERANS AFFAIRS, THERE'S A COUPLE OF STATISTICS WE REALLY THINK ARE IMPORTANT. WE DEPLOYED 50,000 TABLETS THIS YEAR FOR THE PURPOSE OF ALLOWING VETERANS TO CONNECT WITH THEIR PHYSICIANS VIRTUALLY.

AND AS WE KNOW, HEALTHCARE HAS BEEN DISRUPTED RADICALLY BECAUSE OF COVID, SO FOR US TO BE ACTIVELY ENGAGED IN HAVING THE 50,000 TABLETS OUT THERE FOR VETERANS, WE HAVE ZERO RATED THE CONNECT APP, SO WE WORKED WITH THE VATO CREATE A CONNECT APP, TO CONNECT VETERANS TO THEIR PHYSICIANS, ZERO RATED THAT SO WE CAN HAVE ACCESS, AND WE HAVE 36,000 VISITS A DAY!

THIS IS IN CONSULT. SO THESE ARE VETERANS THAT CONNECT WITH OUR PHYSICIANS ON THE POWER OF VERIZON'S OVERALL NETWORK.

AND THAT IS NOT GOOD ENOUGH, WE SAID, WE SHOULD REALLY WORK WITH THE VA TO MAKE SURE THAT WE SET UP 5G CAPABILITY, AND THE VERY FIRST 5G HOSPITAL WAS CREATED FOR THE VA IN PALO ALTO. SO WHEN YOU LOOK AT HOW THE VA IS NOT ONLY CONNECTING ON OUR NETWORK, 36,000 TIMES A DAY WITH CONSULTS FOR TELEHEALTH, BUT REALLY HOW THEY ARE LEADING AND THINKING ABOUT SURGERIES THAT WILL BE DONE VIA 5G TECHNOLOGY, THE LOW LATENCY CAPABILITY AND I WOULD BE REMISS IF I DIDN'T BRAG JUST A LITTLE BIT ABOUT THE DEPARTMENT OF DEFENSE, BECAUSE ONE OF THE THINGS THAT ANDREAS AND HIS TEAM DO IS WE CONTINUE TO BE THE MARKET SHARE LEADER IN TERMS OF HOW WE SERVE THE DEPARTMENT OF DEFENSE, AND WE CONTINUE TO TAKE SHARE IN EVERY ONE OF THOSE BRANCHES THAT WE LEAD IN.

AND THAT, I THINK, IS REFLECTIVE OF HOW IMPORTANT WHAT WE DO IS, TO THE DEPARTMENT OF DEFENSE.

AND THE IMPORTANCE OF OUR SERVICES AND CAPABILITIES. AND HERE, TOO, WE HAVE DEPLOYED A 5G CAPABILITY INTO THE NAVAL SHIP YARD IN NOR FOLK, VIRGINIA. AND ONE OF THE FIRST DEPLOYMENTS TO EVER TO THINK ABOUT HOW YOU THINK ABOUT MANUFACTURING AND SUPPLY CHAIN DIFFERENTLY IN HOW YOU THINK ABOUT HOW 5G WILL TRANSFORM EVERYTHING. SO I LOVE THE FACT THAT, NOT ONLY DO WE CELEBRATE THE SERVICE OF VETERANS, BUT WE ARE AT THE CORE OF INNOVATION AND TRANSFORMATION ON BEHALF OF BOTH VETERANS AS WELL AS DEPARTMENT OF DEFENSE. CAN WE BETTER KNOW THAT THE DEPARTMENT OF DEFENSE KNOWS ON THE VERIZON NETWORK.

>> ABSOLUTELY, VERIZON IS CONNECTING VETERANS AND MAKING THEIR LIVES BETTER AND I WANTED TO MENTION THE SESSION YOU ARE MODERATING PRETTY SOON, CAN YOU TELL US A LITTLE BIT ABOUT THAT?

>> SO NOVEMBER 18 WITHH, 2:00PM EASTERN STANDARD TIME I HAVE THE OPPORTUNITY AND PRIVILEGE TO TALK TO MEDAL OF HONOR RECIPIENT STAFF SERGEANT RYAN PITS. HE HAS QUITE A STORY TO TELL, AND WE ARE GOING TO TALK ABOUT WELLNESS, THIS IS A MONTH WHERE, IN A YEAR, WE ARE LOOKING AT A BETTER WAY TO STOP, PAUSE, AND REFLECT ON WELLNESS THAN TO TALK TO A MEDAL OF HONOR RECIPIENT. I THINK YOU WILL BE BLOWN AWAY BY HIS STORY AND BY DAN'S STORY, A HEADS UP ON THAT, PLEASE JOIN ME NOVEMBER 18TH, 2:00PM, WE ARE GOING TO DO A GREAT EVENT AND TALK ABOUT WELLNESS.

>> AND WE ARE VERY LUCKY TO HAVE YOU, OVERSEEING THE CHARGE HERE AND MAKING SURE OUR VETERANS GET EVERYTHING THEY NEED AND ESPECIALLY IN REGARD TO 5G, IT IS MIND BLOWING THE THINGS WE DO, THANK YOU SO MUCH. AND I WANT TO TURN NOW TO A VERY IMPORTANT PARTNERSHIP THAT WE HAVE WITH THE WOUNDED WARRIOR PROJECT. AND I WAS SPEAKING, WITH OUR GUEST WHO WE ARE GOING TO BE INTRODUCING IN A FEW MINUTES, A LITTLE BIT ABOUT WHY THEY MEAN SO MUCH TO ME. AND HAVING HAD A BROTHER

THAT SERVED, OVERSEAS AND SEVERAL TOURS OF DUTY, YOU REALIZE THE KINDS OF THINGS THAT, YOU KNOW, THEY BRINGS IT HOME WITH THEM AND THEY ARE FOREVER CHANGED AND WE ARE SO LUCKY TO HAVE A GROUP LIKE WOUNDED WARRIOR PROJECT. I WILL TELL YOU A LITTLE BIT ABOUT VERIZON'S PARTNERSHIP. THEY ARE INCLUDED IN A LOT OF THE MARKETING MATERIALS, AND THE CALL TO ACTION FOR OUR CUSTOMERS ASKING THEM TO SUPPORT THEIR MISSION, BECAUSE IT ALIGNS WITH OUR -- [ECHO]. SO WE ARE EXCITED TO WELCOME MIKE LININGTON, HE IS THE COE OF WOUNDED WARRIOR PROJECT. IF YOU LOOK AT HIS RESUME, IT BLOWS ME AWAY, HE DEDICATED HIS LIFE TO SERVE IS HIS COUNTRY AND HIS SON AS WELL. SO I AM VEG YOU TALK ABOUT WHY WOUNDED WARRIOR PROJECT MATTERS SO MUCH. THANK YOU FOR BEING HERE AND TELL US ABOUT YOUR RELATIONSHIP WITH VERIZON.

>> THANKS FOR HAVING ME ON, IT IS GREAT TO SEE TAMI AND THE TEAM, AND THE BEST DAY I HAD LAST YEAR WITH THE WOUNDED WARRIOR PROJECT WAS RIGHT THERE IN NEW JERSEY WITH THE TEAM, I CANNOT THANK YOU ENOUGH FOR CONTINUING THE LEGACY WITH TODAY'S EVENT. AND MORE IMPORTANTLY, FOR VERIZON'S LONG-STANDING SUPPORT OF WOUNDED SERVICE MEMBERS AND THEIR FAMILIES. AND IT IS A FAMILY AFFAIR. AND I ALSO JUST WANTED TO TAKE A SECOND AND THANK ALL THE VETERANS THAT ARE IN THE ROOM WITH US TODAY.

AND NO MATTER WHICH BRANCH YOU SERVED IN, WHATEVER YOUR JOB PATH WAS, NO MATTER HOW MANY YEARS YOU SERVED, IT IS AN IMPORTANT DAY AND EVERY DAY IS VETERANS DAY, AND THAT IS THE SAME AT VERIZON. AND THIS YEAR HAS SUPPORTED US, ONE WOULD KNOW THE IMPORTANCE OF REFLECTING ON THE THINGS THAT MATTER TO MOSTLY ALL OF US, AND SHARING SINCERE THANKS FOR THOSE THAT SECURED AND PROTECTED OUR FREEDOMS OVER THE LAST 240 YEARS IS ISRAEL IMPORTANT AND VETERANS DAY, IT IS IMPORTANT TO RECOGNIZE THAT WE RECOGNIZE THOSE THAT SERVED IN THE PAST, MORE THAN 17.4 MILLION AMERICANS ARE VETERANS.

AND THOSE THAT ARE SERVING TODAY, MORE THAN 2 MILLION ACTIVE GUARD AND RESERVE,

1.1 PERCENT OF OUR POPULATION OF 314.8 MILLION. AND WOUNDED WARRIOR PROJECT, EVERY DAY IS VETERANS DAY, AND WE HAVE 10,000 V TEAMERS THAT SERVED IN THE MILITARY IS INCREDIBLE.

SO THANK YOU FOR RAISING YOUR HAND AND SAYING, TAKE ME. WHEN CIVILIANS SERVE IN THE MILITARY, THEY ASK FOR LITTLE IN RETURN AND THEY KNOW THAT NOTHING IS GUARANTEED, AND THEY HAVE NO GUARANTEE ON WHERE THEY WILL BE ASSIGNED, OR WHETHER OR NOT THEY WILL BE DEPLOYED, OR WHETHER OR NOT THAT WILL COME HOME. THERE THEY ASK FOR IS TWO THINGS, ONE THING, IF THEY DON'T COME HOME, THEIR FAMILIES ARE TAKEN CARE OF, AND TWO, IF THEY DO COME HOME WOUNDED OR INJURED, OUR COUNTRY IS THERE TO HELP THEM IN THEIR RECOVERY AND THEIR REHABILITATION AND IN THEIR TRANSITION. AND THAT IS WHY WE DO, WHAT WE DO, AT WOUNDED WARRIOR PROJECT AND CERTAINLY WHY YOU DO WHAT YOU DO AT VERIZON, IN HELPING US AND HELPING VETERANS EVERYWHERE.

SO SINCE 2003, WOUNDED WARRIOR PROJECT HAS BEEN A TIRELESS ADVOCATE FOR OUR SERVICE MEMBERS AND PROVIDING PROGRAMS IN MENTAL AND PHYSICAL WELLNESS, CAREER COUNSELING AND REHABILITATIVE CARE FOR THOSE MOST SERIOUSLY INJURED AND HELPING THEM OVERCOME OBSTACLES IN THEIR PATH TO RECOVERY, MUCH LIKE WHAT YOU WILL HEAR TODAY FROM DAN NEVINS. WE ARE NOT ABLE TO DO WHAT WE DO WITHOUT THE SUPPORT OF PASSIONATE DONOR SUPPORTERS AND PARTNERS, PATRIOTIC AMERICANS IN COMPANIES LIKE VERIZON WHO BELIEVE JUST AS PASSIONATELY AS WE DO, IN THE WORK WE DO AND THE WORK WE SET OUT TO DO. AND I WILL TELL YOU, WE HAVE NO BETTER PARTNER NATIONALLY THAN VERIZON.

YOU ARE NUMBER ONE, NOT JUST AS A STATISTIC, AND DIANA SHOWED EARLIER, I WILL TELL YOU THAT WOUNDED WARRIOR PROJECT, IT HAS NO BETTER PARTNER THAN VERIZON AND IT IS NOT EVEN CLOSE. WHAT YOU HAVE DONE IN ADVOCATING FOR OUR EFFORTS, AS RONAN SPOKE ABOUT, AND CERTAINLY AS HAS BEEN HIGHLIGHTED EARLIER, ISN'T DUPLICATED BY ANY OTHER COUNTRY, OR ANY OTHER COMPANY, ACROSS THE UNITED STATES,

PROVIDING DIRECT SUPPORT TO THE WARSHIPS GAIN GAMING INITIATIVE, WHICH I CANNOT WAIT TO CHECK OUT, AND THE CALL FOR PROJECTS TO WOUNDED WARRIOR PROJECT AND VER TIESEN GEAR IS SOLD. YOU HAVE GIVEN IPAD DONATIONS, TAMI SPOKE ABOUT THE IPADS TO VETERANS EVERYWHERE, GIVING IPADS TO ALL WOUNDED VETERANS THAT ARE TRANSITIONING TO THE HOSPITALS AT THE REGIONAL MEDICAL CENTER AS PART OF OUR BACKPACK PROGRAM. I CANNOT TELL YOU HOW WONDERFUL THAT IS TO SEE WOUNDED VETERANS, AT SOME OF THEIR LOWEST POINTS IN LIFE, HAVE THE ABILITY TO FACETIME OR GET ON VIRTUAL PLATFORMS WITH THEIR FAMILIES FOR THE FIRST TIME, SINCE THEY WERE INJURED.

AND WE HAVE ALSO ENCOURAGED CUSTOMERS TO GET INVOLVED, THROUGH INITIATIVES LIKE DONATING TO WOUNDED WARRIOR PROJECT THROUGH VERIZON BILL PAY, AND YOUR CONTINUED FINANCIAL SUPPORT ALLOWS US TO PROVIDE THE CRITICAL CAN RESOURCES TO HELP WARRIORS NOT JUST TODAY, AND IN EVENTS LIKE CARRYING FORWARD, BUT MORE THAN TODAY. WHAT A POWERFUL THING TO WITNESS AND BE A PART OF, AND I LOOK FORWARD TO PARTICIPATING AGAIN IN PERSON NEXT YEAR. SO FROM ALL OF US IN WOUNDED WARRIOR PROJECT, THANK YOU, THANK YOU, THANK YOU. WE COULDN'T DO WHAT WE DO FOR THE MORE THAN 185,000 WOUNDED SERVICE MEMBER AND THEIR FAMILIES WITHOUT YOU, AND I AM JUST THRILLED AND HONORED TO BE PART OF TODAY'S FORUM. THANK YOU FOR HAVING ME ON!

>> [ECHO].

>> IT IS AN HONOR TO BE ABLE TO PARTNER WITH YOU, AND IT IS OUR MISSION TO SERVE THOSE WHO SERVE, WE WANT TO HELP YOU COMPLETE THAT MISSION. SO WE HAVE NEVER DONE THIS VIRTUALLY.

BUT WE WOULD LOVE TO SHOW OUR SUPPORT, AS WE CAN SEE THAT SLIDE. WE DO HAVE A CHECK, HAHA, WE CANNOT PRESENT IT TO YOU IN PERSON. WE DO WANT TO SAY THANK YOU SO MUCH ON BEHALF OF RONAN, TAMI, ME, THE REST OF THE V TEAM, A CHECK FOR \$250,000 ON BEHALF OF VERIZON, THIS IS MONEY WELL SPENT, FOR OUR VETERANS, THEY

DON'T ASK FOR ANYTHING AND WE ARE HUMBLY BLESSED TO PARTNER WITH YOU ON THIS.
THANK YOU FOR BEING HERE.

>> AND TAMI, RONAN, THE ENTIRE TEAM, THAT SUPPORT WILL CHANGE VETERANS LIVES
IN WAYS THAT YOU CAN ONLY IMAGINE.

SO THANK YOU, AND I KNOW THAT IS NOT THE FIRST. THAT IS, I THINK, THE THIRD,
FOURTH, OR 5ISH, VERIZON, GOD BLESS YOU AND THANK YOU FROM THE BOTTOM OF MY
HEART.

>> THANK YOU, MIKE, AND WE WILL RETURN THE MIC OVER TO ANOTHER SPECIAL VETERAN
WHO THE TEAM HAS BEEN BONDING OVER, HE HAS THE WORLD'S CUTEST CAT, TAYLOR SWIFT
IS GOING IT TO FEEL IT. THIS IS DAN NEVINS, A VETERAN, A PUBLIC SPEAKER, AND
COMMITTED TO HEALING, AND HE IS ALL ABOUT YOGA AND HE, ACCORDING TO MIKE, CHANGES
YOUR LIFE WHEN YOU HEAR HIM SPEAK.

SO DAN, I'M SO EXCITED TO HAVE YOU ON THE SHOW TODAY. I WANTED TO ASK YOU,
TELL ME A LITTLE BIT ABOUT YOUR MISSION, TO HEAL VETERANS. I'M SO EXCITED TO
HEAR WHAT YOU WILL HAVE TO SAY.

>> THANK YOU SO MUCH, DIANE, AND TAMI AND THE WHOLE TEAM, IT IS A PRIVILEGE
TO BE HERE. WHEN I SEE THAT CHECK, THAT NUMBER, IT JUST MAKES ME, IT GETS ME
A LITTLE MISTY, ACTUALLY. BECAUSE I THINK OF THE IMPACT OF THAT CHECK. YOU
HEARD MIKE TALK ABOUT THE MEDICAL CENTER AND WHAT WOUNDED WARRIOR PROJECT IS
DOING THERE, IT WAS 16 YEARS AGO TODAY, I WAS IN THE FIGHT OF MY LIFE IN A MEDICAL
CENTER IN GERMANY, NOVEMBER 10TH, 2004, I NEARLY LOST MY LIFE WHEN AN IMPROVISED
EXPLOSIVE DEVICE DETONATED BY MY VEHICLE AND SHATTERED MY REALITY. AS A RESULT
OF THAT BLAST, I LOST BOTH LEGS BOTH THE KNEE AND HAD A SEVERE TRAUMATIC BRAIN
INJURY, AND I LOST MY GOOD FRIEND, SERGEANT FIRST CLASS MIKE BRETILINI WHO I
WEAR THIS BRACELET FOR EVERY DAY. IT REMINDS ME TO WORK HARD BECAUSE MIKE WAS
THE HARDEST WORKING HUMAN BEING I HAD EVER MET IN MY LIFE. AND IT REMINDS ME
TO NOT JUST BE ALIVE BUT TO LIVE WITH PURPOSE AND GENERATE THE LIFE THAT I WANT

VERSUS TO BE IN RESPONSE TO EVERYTHING THAT IS HAPPENING AROUND ME. I AM SO BLESSED AND SO FORTUNATE THAT AFTER MY TIME I ENDED UP IN WALTER REED MEDICAL CENTER IN D. C., AND MY FIRST DAY, I WOKE UP ON FLOOR 57 OF WALTER REED AND TWO FOUNDERS OF WOUNDED WARRIOR PROJECT CAME IN WITH A BACKPACK, FULL OF COMFORT ITEMS, EVERYTHING THAT I DIDN'T KNOW I NEEDED IN THAT MOMENT AND IT WAS RIGHT THERE, AND WITH THAT BACKPACK AND A PROMISE, THAT WHATEVER I NEEDED, OR MY FAMILY NEEDED THEY WOULD BE THERE FOR ME. AND I KNOW LOOKING BACK AT THAT TIME, I HAD NO IDEA THEY WOULD FULFILL IN THAT PROMISE, THEY WERE JUST SOME MEN WHO WANTED AND WOMEN AND FAMILIES WHO WANTED TO DO SOMETHING GOOD, AND JUST DID IT. THEY TOOK ACTION FOR A NEED, THEY SAW IN THE NEWS UNFOLD, A GENERATION OF ILL AND WOUNDED SERVICE MEMBERS AND THEY STEPPED UP, BECAUSE OF THAT EARLY WORK, THE LISTENING THAT HAPPENED TO THE WOUNDED WARRIORS AND THEIR FAMILIES, THE WOUNDED WARRIOR PROJECT WAS ABLE TO MAINTAIN AND GROW AND SUCCESSFULLY SERVE OVER 180,000 WARRIORS AND THEIR FAMILIES EVERY SINGLE DAY. AND IT IS INSPIRING TO KNOW THAT VERY FAR IS THE COMPANY THAT STEPPED UP TO MAKE THAT LEVEL OF A DONATION IS GOING TO HAVE A HUGE IMPACT, BECAUSE WHETHER WE SEE IT OR NOT, THERE ARE STILL THOSE SERVICE MEMBERS, JUST LIKE I WAS 16 YEARS AGO, LAYING IN A HOSPITAL IN THE FIGHT OF LIFE, COMING HOME, NOT KNOWING WHAT LIFE WOULD BE LIKE, AND THE HELPING HAND, IT IS PORTRAYED IN THE LOGO, ONE WARRIOR CARRYING ANOTHER OFF THE BATTLEFIELD AND THAT IS WOUNDED WARRIOR PROJECT IS, IT IS A GROUP OF COMMITTED WARRIORS WHO SAID THIS IS ENOUGH AND ARE WILLING TO PUT THE LADDER BACK OVER THE FENCE FOR THOSE PEOPLE THAT HAVE NOT NECESSARILY FOUND THAT NORMAL AGAIN. SO I AM SO GRATEFUL TO BE HERE. AND, YEAH, I AM A YOGA TEACHER. I NEED TO TELL YOU, IT IS STILL, THE CRAZIEST THING, THAT IS NOT WHAT I WAS GROWING UP, IT IS NOT ANYTHING I THOUGHT I WOULD BE. BUT I AM JUST COMMITTED TO MEDITATION, YOGA, AND THE ACT OF MINDFULNESS BECAUSE I AM SO GRATEFUL FOR WOUNDED WARRIOR PROJECT WHO HELPED ME LEARN TO

COPE WITH THE INVISIBLE WOUNDS OF WAR.

AND THEN, I AM SO GRATEFUL FOR MY MINDFULNESS PRACTICES THAT HELPED ME HEAL FROM THEM. IF IT BECAUSE NOT WOUNDED WARRIOR PROJECT, THERE IS NO WAY I WOULD HAVE THE CONFIDENCE TO DO WHAT I DO FOR VETERANS AND THEIR FAMILIES EVERY DAY, AND I AM SO GRATEFUL FOR WOUNDED WARRIOR PROJECT AND MIKE FOR LEADING THE WAY AND COMPANIES LIKE VERIZON WHO STEP UP, WHO ARE MILITARY FRIENDLY TO THE NTH DEGREE, I HAVE NOT PLAYED THAT GAME YET, BUT I THINK I WILL GIVE IT A TRY! HAHA. ANYWAY, I WANT TO SAY THANK YOU THANK YOU THANK YOU SO MUCH, AND KEEP BEING THE AMAZING PEOPLE YOU ARE. IT IS MAKING A HUGE IMPACT!

>> I, THERE IS NOT A DRY EYE IN THE HOUSE RIGHT NOW. EVERYBODY IS BASICALLY CRYING AND DAN, IT IS SO IMPORTANT TO HEAR WHAT IT REALLY MEANS. YOU KNOW, WE SAY, WE SUPPORT OUR VETERANS AND WE SALUTE THEIR SERVICE. BUT REALLY PUTTING YOUR BODIES AND LIVES ON THE LINE AND CARRYING THE WAR IN YOUR BODY AND DEVOTING YOURSELF TO THIS KIND OF WORK, I REALLY THINK THAT YOUR MESSAGE IS SO IMPORTANT. I AM SORRY, I AM CRYING.

BUT JUST, YOU KNOW. WE ARE SO GRATEFUL TO HEAR WHAT YOU AND MIKE HAD TO SAY, IT IS NOT JUST A DAY FOR BBQS, IT IS A DAY TO REMEMBER, YOU KNOW, SACRIFICES THAT HAVE BEEN MADE SINCE DAY ONE OF THIS COUNTRY.

SO THANK YOU SO MUCH FOR SPEAKING, AND HAHA, I'M TRYING TO KEEP IT TOGETHER. SO MIKE WAS RIGHT. YOU KNOW, IT CHANGED MY LIFE. WE ARE SO GRATEFUL TO HAVE YOU TODAY, YOU AND MIKE. AND YOU HAVE OUR SUPPORT.

I KNOW TAMI IS COMMITTED, AND RONAN IS COMMITTED, EVERYONE IS COMMITTED.

THANK YOU SO MUCH FOR EVERYTHING THAT YOU BROUGHT TO US TODAY. AND I LOOK FORWARD TO SPEAKING WITH ALL OF YOU VERY, VERY SOON.

AND THERE IS SOMETHING THAT WE CAN ALL DO, GUYS. WE DIDN'T WANT EVERYBODY TO BE CRYING, YOU DON'T NEED TO SEE ME CRYING ANYMORE. WE ALL HAVE SOMETHING WE CAN PARTICIPATE IN TOGETHER, DESPITE THE PANDEMIC, I KNOW WE LOVE DOING OUR

WOUNDED WARRIOR PROJECT WALK. WE CANNOT BE PHYSICALLY TOGETHER, BUT YOU CAN DO IT VIRTUALLY. YOU CAN WALK IN THE NAME OF A VETERAN, YOU CAN DO OUR PART. AND ONE THING THAT I WANTED TO POINT OUT THAT WAS MENTIONED EARLIER, WE HAVE THIS BEAUTIFUL SWAG, THIS BEANIE, AND A SUPER COOL RAIN JACKET. IT IS KIND OF RAINY, WHEN I DO MY WALK I WILL DEFINITELY HAVE IT. SO THE PROFITS GO TO VETERANS ORGANIZATIONS, YOU CAN LOOK GOOD IN YOUR SWAG, WITH YOUR CHECK MARK, AND FEELING GOOD ABOUT WHAT YOU ARE DOING FOR VETERANS.

AND THIS IS SOMETHING THAT IS NOT EASY TO DO DURING QUARANTINE, WE WILL GIVE YOU TIPS ON WALKING SAFELY, SO YOU CAN WALK HEAD, WEARING YOUR SWAG. SO I WILL LET CHRIS KELLY CLOSE US OUT. WE LOVE YOU, WE APPRECIATE YOU, WE SUPPORT YOU, AND WE WALK WITH YOU EVERY DAY. I AM DIANA AND TODAY I AM UP TO SPEED LIVE, AND UNTIL NEXT TIME, YOU ARE UP TO SPEED. TAKE IT AWAY.

>> THANK YOU FOR COMING TO THE WALK TODAY, BEFORE WE GET STARTED, WE ARE GOING TO WARM UP THOSE BODIES, SEPARATING THE FEET, A BIG INHALE AND EXHALE. A BIG INHALE, EXHALE.

SO GETTING THOSE MUSCLES NICE AND WARM.

GOOD, A FEW MORE HERE.

LAST ONE. AND TAKE YOUR CENTER, DRIVE THOSE KNEES TOWARDS THAT CHEST. PULL, PULL.

GOOD. STRETCH THOSE ARMS, TUCK IN, KNEE UP.

FINISH IT OUT. 4, 3, 2 -- WE ARE GOING TO PASS IT OUT. TAKE IT WIDE, SLIDE.

GOOD.

LIFTING THOSE ARMS, GETTING THAT BLOOD FLOWING. AWESOME EFFORT.

4, 3, 2, TAKE IT FORWARD, HAVE THOSE HEELS FORWARD.

GOOD. SO MOVING INTO THE UPPER BODY AS WELL.

4, 3, 2, COME IN CENTER, BRINGING THE FACE NICE AND WIDE. WE WILL ROLL THE SHOULDERS.

YOU GOT IT.

FEELING GREAT HERE.

4, 3, 2, PASS IN RANGE, FINISH IT OUT, REACHING OVER. OVER, OVER.

4, 3, 2, COME IN CENTER, AND WE ARE READY TO WALK. LET'S GET OUT THERE!

[MUSIC].